



**Elizabeth Richter**

*Acting Administrator*

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Let My Doctors Decide ([LMDD](#)) is a national partnership of leaders across health care working in support of achieving a simple goal: treatment decisions should always be made by patients and trusted health care professionals, not insurance companies or pharmacy benefit managers. In your work to enhance access to health care coverage, it is important to take the next step to ensure that having coverage actually means having access to quality care.

To that end, LMDD is eager to work with the new Administration and share our 2021 Campaign Action Plan to achieve patient-centered health care coverage to improve health, lower costs, and support the patient-physician relationship. This includes changes at the national and state levels that improve benefit design and ensure coverage that empowers provider decision making, promotes access and adherence, and addresses affordability. Our 2021 campaign urges policymakers, employers, and insurers to adopt a set of straightforward principles that address the barriers that prevent patients and doctors from making treatment decisions.

[LMDD Patient Principles](#) represent the core beliefs and objectives of our national campaign:

- Require that step therapy policies are clinically based on current evidence and used for medical reasons only.
- Prohibit switching of medication for non-medical reasons without the prescribers' consent.
- Leave the final decisions to whether a patient has failed on a therapy with the treating physician, not the insurer.
- Pass rebates, discounts, copay assistance, and other insurer and non-insurer savings directly to the patient at the pharmacy counter.
- Assure that what is best for the patients' health is top priority and is made transparent in health care contracting, including benefit design and coverage policies.

In 2021, LMDD will focus on the adoption of the Patient Principles and legislative, regulatory, and business practice reforms outlined in our Call to Action.

We look forward to discussing these practice reforms in further detail and working together to advance these critical changes to improve health and wellness. We welcome the opportunity to share more information on these and related efforts. Thank you in advance for working with us to accomplish these vital reforms that put patients first.

Sincerely,

**Brett M. McReynolds**

*Executive Director*

